Community Resource Guide 2018-2019

Complied by: Forsyth County Schools Student Services Department/ School Social Work Division Cumming, GA

Community Resource Guide

2018-19

Compiled By:

Forsyth County School System

Student Services Department/School Social Work Cumming, GA

Introduction

The Community Resource Guide for Forsyth County has been compiled to assist families in the Forsyth County area and is only updated twice a year. This guide includes telephone numbers, website addresses, locations, and services of each agency. This guide is not to be distributed and is for internal use only. This guide is to help connect students and families with local resources.

To request additions, deletions, or changes to the Community Resource Guide, please contact Forsyth County School Social Work Intern, Lori Jacks at 770-887-2461 Ext. 202316 or by email ljacks@forsyth.k12.ga.us

Forsyth County Schools does not endorse or recommend any particular mental health agency or provider. If you are unable to access services or have any questions, please contact a student support services staff member at your child's school. We are here to support your child's mental health as well as academic needs.

Alphabetical Listing

Abba's House "Windows of Heaven" Food Pantry	678-208-2000
Abry Counseling Services	
Access Christian Counseling	
Affiliated Psychological Services	
Afton Burton, PhD	
Albert Davis, MD	
Alpha Hope Counseling	
Atlanta Addictive Disease and Psychiatric Medicine	
8014	
Atlanta Area Psychological Associates	770-953-6401
Avita- Behavioral Health Services	
Babies Can't Wait	
Banks Counseling, LLC	
Barry Klein, PhD	
Bethany Christian Services	
Beyond Today Counseling Center, LLC	
Boys Scouts of Northeast Georgia	
Brian Long, LPC	
Charles Britt, LPC	
Childcare Resource & Referral Agency	
Children's Healthcare- Forsyth	
CLC Counseling	
Creative Spark Child Counseling Center	
Christ Community Church	
Creekside United Methodist Church	
Cumming Baptist Church	
Cumming Counseling	
Cumming First United Methodist Church	
Cumming Home Ministries	
Cumming Housing Authority	
David Michael Mcqueeney, PhD	
Department of Behavioral Health and Developmental Disabilities	
2818	
District 2 Public Health	770-535-5743
Elizabeth Mccampbell, PhD	
Episcopal Church of the Holy Spirit	
Family Counseling Associates of North Georgia	
Family Haven	
Family Promise	
Family Violence Support Group, Family Haven	
Flood Student Community Missions	
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Focus Forward Counseling and Consulting	404-388-3909
Forsyth County 4-H	
Forsyth County Autism and Special Needs Support Group	404-316-9740
Forsyth County Schools	
Forsyth County Health Department	770-781-6900
Forsyth County Special Olympics	770-887-2461
Forsyth Family Counseling, LLC	404-548-8557
Freedom Tabernacle"There's Hope" Program	770-887-4679
Georgia Behavioral Health Professionals	770-886-5700
Georgia Crisis and Access Line	1-800-715-4225
Georgia Department of Early Care & Learning	404-657-5562
Georgia DHR Office of Child Support Services	1-844-694-2347
Georgia Highlands Medical Services	770-887-1668
Georgia Mountains Community SVC	678-341-3840
Georgia Psychiatric Wellness Center	678-666-5990
Girls Scouts of Greater Atlanta	770-702-9100
Girls on The Run	404-667-4101
Greater Heights Baptist Church- Food Pantry	770-887-4802
Habitat for Humanity	770-886-4939
Head Start (Ninth District Opportunity)	678-513-8611
Helping Hand Partners	678-341-8075
Hightower Baptist Association Food and Clothing Bank	770-205-
2464	
Higher Grounds Counseling Katie Newman, LCSW	770-771-5050
Integrated Therapeutic Solutions, LLC	
Integrated Therapeutic Solutions, LLC	678-722-1031
·	678-722-1031 770-205-1751
Jeanne Latiolais, PsyD	678-722-1031 770-205-1751 . 770-570-2382
Jeanne Latiolais, PsyD Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia	678-722-1031 770-205-1751 . 770-570-2382 678-845-9582 404-633-3430
Jeanne Latiolais, PsyD Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia Lisa H Meyer, LPC	678-722-1031 770-205-1751 . 770-570-2382 678-845-9582 404-633-3430
Jeanne Latiolais, PsyD Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia Lisa H Meyer, LPC Live Life Counseling, LLC	678-722-1031 770-205-1751 . 770-570-2382 678-845-9582 404-633-3430 770-781-3793 404-432-2113
Jeanne Latiolais, PsyD Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia Lisa H Meyer, LPC Live Life Counseling, LLC Meals By Grace Pantry	678-722-1031 770-205-1751 . 770-570-2382 678-845-9582 404-633-3430 770-781-3793 404-432-2113 404-426-4055
Jeanne Latiolais, PsyD Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia Lisa H Meyer, LPC Live Life Counseling, LLC Meals By Grace Pantry Mentor Me North Georgia	678-722-1031 770-205-1751 . 770-570-2382 678-845-9582 404-633-3430 770-781-3793 404-432-2113 404-426-4055 678-341-8028
Jeanne Latiolais, PsyD Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia Lisa H Meyer, LPC Live Life Counseling, LLC Meals By Grace Pantry Mentor Me North Georgia MSG Foundation	678-722-1031 770-205-1751 770-570-2382 678-845-9582 404-633-3430 770-781-3793 404-432-2113 404-426-4055 678-341-8028 404-242-9770
Jeanne Latiolais, PsyD Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia Lisa H Meyer, LPC Live Life Counseling, LLC Meals By Grace Pantry Mentor Me North Georgia MSG Foundation. National Alliance on Mental Illness (Local Affiliate)	678-722-1031 770-205-1751 770-570-2382 678-845-9582 404-633-3430 770-781-3793 404-432-2113 404-426-4055 678-341-8028 404-242-9770
Jeanne Latiolais, PsyD Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia Lisa H Meyer, LPC Live Life Counseling, LLC Meals By Grace Pantry Mentor Me North Georgia MSG Foundation. National Alliance on Mental Illness (Local Affiliate) 9414	678-722-1031 770-205-1751 . 770-570-2382 678-845-9582 404-633-3430 770-781-3793 404-432-2113 404-426-4055 678-341-8028 404-242-9770 678-341-
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Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia Lisa H Meyer, LPC Live Life Counseling, LLC Meals By Grace Pantry Mentor Me North Georgia MSG Foundation National Alliance on Mental Illness (Local Affiliate) 9414 New Beginnings Counseling Center New Leaf Counseling and Recovery Nicole Lea, LCSW Ninth District Opportunity of Forsyth County North Georgia Counseling Group North Lanier Baptist Church	678-722-1031 770-205-1751 . 770-570-2382 678-845-9582 404-633-3430 770-781-3793 404-432-2113 404-426-4055 678-341-8028 404-242-9770 678-341- 678-648-6021 678-525-7818 770-889-9420 843-696-1614 770 781-5433
Jennifer J Manly, LPC Lanier Fuller Center for Housing (home repair) Lekotek of Georgia Lisa H Meyer, LPC Live Life Counseling, LLC Meals By Grace Pantry Mentor Me North Georgia MSG Foundation. National Alliance on Mental Illness (Local Affiliate) 9414 New Beginnings Counseling Center New Leaf Counseling and Recovery Nicole Lea, LCSW Ninth District Opportunity of Forsyth County North Georgia Counseling Group	678-722-1031 770-205-1751 . 770-570-2382 678-845-9582 404-633-3430 770-781-3793 404-432-2113 404-426-4055 678-341-8028 404-242-9770 678-341- 678-648-6021 678-525-7818 770-889-9420 843-696-1614 770 781-5433 770-844-3200

Project Share (DFCS)	770-781-6700
Receiving Homes (Mothers and Children)	770-889-7950
Ron Magat, MD	678-680-3972
Shadowbrook Baptist Church	770-945-1524
St. Brendan's Church-St. Joseph's Food Pantry	770-205-7969
St. Vincent De Paul Forsyth County	678-947-0677
Sweitzer Counseling	678-701-7545
The Carter Treatment Center	678-771-8468
The Counseling Group, LLC	678-780-6225
The Place of Forsyth	770-887-1098
Young Life	770-687-8122

Cross References

Basic Needs	070 044 0075
Helping Hand Partners	
Ninth District Opportunity of Forsyth County	
Project Share (DFCS)	
St. Vincent De Paul Forsyth County	
The Place of Forsyth	. 770-887-1098
Child Care	
Childcare Resource & Referral Agency 1	
Georgia Department of Early Care & Learning	
Georgia DHR Office of Child Support Services	
Head Start (Ninth District Opportunity)	678-513-8611
Food Resources	
Abba's House "Windows of Heaven" Food Pantry	678-208-2000
Creekside United Methodist Church	770-888-8449
Cumming Baptist Church	. 770-205-6699
Cumming First United Methodist Church	770-887-2900
Episcopal Church of the Holy Spirit	770-887-8190
Freedom Tabernacle"There's Hope" Program	770-887-4679
Greater Heights Baptist Church- Food Pantry	770-887-4802
Helping Hands	678-341-8075
Hightower Baptist Association Food and Clothing Bank	770-205-
L.A.M.P. Ministry Food Pantry	. 770-783-1272
Meals By Grace Pantry	
MSG Foundation	
North Lanier Baptist Church	. 770-781-5433
The Place of Forsyth County	
St. Brendan's Church-St. Joseph's Food Pantry	
Vocational Rehabilitation Services	
Grief and Loss	
Christ Community Church: Group Meetings (Adults)	770-442-8600
Creekside United Methodist Church: Group Meetings (Adults)	
8449	
Cumming First United Methodist Church: Group Meetings (Adults)	770-887-
2900	
Cumming First United Methodist Church Group Meetings (Children)	770-887-

North Lanier Baptist Church: Group Meetings (Adults)	770-781-
Shadowbrook Baptist Church: Group Meetings (Adults)	770-945-1524
Housing/Shelters	
Cumming Home Ministries	678-456-5544
Cumming Housing Authority	
Family Haven (Women and Children)	770-889-6384
Family Promise	678-476-4657
Habitat for Humanity	770-886-4939
Lanier Fuller Center for Housing (home repair)	678-845-9582
Receiving Homes (Mothers and Children)	770-889-7950
Individuals with Special Needs/Disabilities	
Babies Can't Wait	
Department of Behavioral Health and Developmental Disabilities	678-947-
Forsyth County Special Olympics	770-887-2461
Lekotek of Georgia	
Vocational Rehabilitation Services	
Medical Services	
Children's Healthcare- Forsyth	404-785-3100
District 2 Public Health	770-535-5743
Forsyth County Health Department	770-781-6900
Georgia Highlands Medical Services	770-887-1668
Northside Hospital, Forsyth	770-844-3200
Mental Health Providers/Resources	
Abry Counseling Services	802-793-0185
Access Christian Counseling	770-888-7754
Affiliated Psychological Services	
Afton Burton, PhD	
Albert Davis, MD	
Alpha Hope Counseling	
Atlanta Addictive Disease and Psychiatric Medicine	770-475-
Atlanta Area Psychological Associates	770-953-6401
Avita- Behavioral Health Services	
Banks Counseling, LLC	
Barry Klein, PhD	
Bethany Christian Services	
Beyond Today Counseling Center, LLC	
Brian Long, LPC	

Charles Britt, LPC	
Creative Spark Child Counseling Center Cumming Counseling	
David Michael Mcqueeney, PhD	770-317-3365
Elizabeth Mccampbell, PhD	
Family Counseling Associates of North Georgia	888-850-4891
Family Violence Support Group, Family Haven	770-889-
6384	
Focus Forward Counseling and Consulting	404-388-3909
Forsyth Autism and Special Needs Support Group	404-316-9740
Forsyth Family Counseling, LLC	. 404-548-8557
Georgia Behavioral Health Professionals	770-886-5700
Georgia Crisis and Access Line	1-800-715-4225
Georgia Mountains Community SVC	678-341-3840
Georgia Psychiatric Wellness Center	678-666-5990
Higher Grounds Counseling at Russell Medical	770-771-5050
Integrated Therapeutic Solutions, LLC	678-722-1031
Jeanne Latiolais, PsyD	. 770-205-1751
Jennifer J Manly, LPC	. 770-570-2382
National Alliance on Mental Illness (Local Affiliate)	. 678-341-9414
Lisa H Meyer, LPC	. 770-781-3793
Live Life Counseling, LLC	
New Beginnings Counseling Center	678-470-3022
New Leaf Counseling and Recovery	678-648-6021
Nicole Lea, LCSW	. 678-525-7818
North Georgia Counseling Group	843-696-1614
Northside Hospital Forsyth	770-844-3200
Professional Recovery Counseling, LLC	678-820-
4818	
Ron Magat, MD	. 678-680-3972
Sweitzer Counseling	678-701-7545
The Carter Treatment Center	678-771-8468
The Counseling Group, LLC	678-780-6225
Mentoring Programs	
Boys Scouts of Northeast Georgia	706-693-2446
Flood Student Community Missions	770-289-1834
Forsyth County 4-H	770-887-2418
Forsyth County Schools	
Girls Scouts of Greater Atlanta	
Girls on The Run	
Mentor Me North Georgia	
Young Life	. 770-687-8122

ABBA'S HOUSE "WINDOWS OF HEAVEN" FOOD PANTRY

6800 Dahlonega Highway Cumming, GA 30040 (678) 208-2000

www.abbahouse.com

Abba House offers a food pantry every Tuesday, from 2-5pm (limited to two visits a month, per family)

Food is free of charge (requires a valid ID, proof of income, and social security card for each household member)

Family will receive one box of food for every two household members

Abry Counseling Services, LLC

327 Dahlonega St., Suite 1902B Cumming, GA 30040 802-793-0185

Cindy Abry, M.S., LPC, RPT

- Registered Play Therapist
- EMDR trained
- Working towards Trauma Focused Cognitive Behavior Therapy certification
- Nine plus years experience working with children, adolescents and adults
- Bilingual in Spanish, having grown up in Spain as a child
- Extensive experience with addressing the impact of childhood sexual abuse, childhood physical and emotional abuse, adolescent issues, trauma, depression and anxiety, and women's issues.

Access Christian Services

770-888-7754

South Cumming Location: 634 Peachtree Parkway, Cumming, GA 30041
North Cumming Location: 1315 Pilgrim Mill Rd, Cumming, GA 30040
http://accessgrace.weebly.com/

"Access Grace Counseling & Coaching (AG) serves the Community of North Georgia through providing quality & <u>Professional Counseling</u>, Coaching and Biblical psychotherapy to individuals, families, couples, teams and groups. With that in view AG works to develop creative and practical alternatives to everyday life & work challenges. We seek to provide a professional, healthy, safe setting where you can change, heal & grow. We help you reach your goals re-tooling your skills for better life quality and productive outcomes. We want to enhance life-giving skills and bring HOPE into the advancing work of God's Gracious developmental life process. You may be interested in healing and restoration. You may need opportunity to get to the next level in life, work or relationship. Our work involves a partnership where we attempt to labor together in the learning and trans-formational process. In doing so, perhaps, His people may be more free and able to bring real hope and change to the world we live in and the in the community around us."

Counseling Services:

- Anxiety
- Stress Control
- Obsessive Compulsive Disorder
- Mood & Temperament Problems
- Depression
- Grief & Loss Issues
- Substance Abuse
- Anger Management Training
- Forgiveness
- Psycho-Educational Training
- DBT Dialectical Behavioral Therapy
 - Mindfulness
 - Emotion Regulation
 - Distress Tolerance
 - Interpersonal Effectiveness
- Marriage Counseling
- Family Counseling
- Individual Psychotherapy

- Group Therapy (see Groups tab)
- Personality Assessments
- Vocational Counseling
- Child & Adolescent Counseling
- Relationship Issues
- Communication Skills Training
- Abuse Issues
- Sexual Problems: Dysfunction, Addiction, Abuse
- Unwanted Same-Sex Attractions
- Parenting Skills Training
- Attention Deficit Hyperactivity Disorder
- Divorce Recovery
- Blended Family Issues
- Regaining Trust
- Family Conflict Mediation
- PTSD/Traumatic Experience Issues
- Single Lifestyle Issues

Affiliated Psychological Services

770-205-5760 6030 Bethelview Road Suite 401

Cumming, GA 30040

http://www.apsdoc.com/

"My work includes the treatment of adults, children, adolescents and families. I often participate in "team treatment" strategies with psychiatrists, primary care physicians, medical specialists, and other allied health professionals. I regularly perform psychological and psycho-educational evaluations and consult with schools, hospitals, court systems, DFCS and other social service agencies, community-based treatment programs, and residential treatment programs."

Areas of Specialty Include:

- Anxiety Disorders, including OCD
 - Depression and other mood disorders
 - ADHD and learning disabilities
 - Posttraumatic Stress Disorder
- Workplace issues and disability
 - Chronic pain management

- Divorce and blended family issues
- Child custody and visitation issues
- Forensic consultations, including expert witness testimony, in civil and criminal cases
- Parenting and co-parenting work

APS participates in the following health insurance carriers:

- Aetna
- Amerigroup
- Blue Cross Blue Shield, All States (POS, PPO etc.)
 - Cenpatico
 - Cigna Health Care
- Cigna Behavioral Health

- Magellan Behavioral Health
 - Medicaid
 - PeachCare For Kids
- United Health Care (UHC)
- United Behavioral Health (UBH)
 - Value Options
 - Wellcare

Albert Davis, MD

(770)-888-1011

634 Peachtree Parkway, Suite 210 Cumming, GA 30041

http://www.talbertdavismd.com/

Individual psychotherapy
Medication management
Marital and family therapy
Legal consultation
Substance dependency
Clergy wellness

Call for Payment/Insurance Information

Alpha Hope Counseling

678-571-7505

327 Dahlonega Street, Suite 302-B Cumming, GA 30040

http://alphahopecounseling.com/

Services and Information

Christian-Based
Individual Counseling
Couples Counseling
Family Counseling
Substance Abuse Therapy
Anger/Violence Therapy
Victim Impact Panel
Sex Addiction Treatment
Family Violence Intervention Program

Call for Payment/Insurance Information

Atlanta Addictive Disease and Psychiatric Medicine

770-886-5700

5965 Parkway North Blvd Cumming, GA 30040

"Our main goal is to treat chronic addiction, as well as any underlying psychological disorders that may have aided in an addict's initial substance abuse problem. Our caring staff of addiction specialists are dedicated towards the recovery of every patient. At Atlanta Addictive Disease & Psychiatric Medicine Associates, we offer a peaceful, relaxing environment for the patient so that they can focus on their recovery with a positive attitude. We combine both holistic and traditional treatment methods to create the most effective treatment plan possible based on the patients' unique needs."

Addiction
Alcohol Abuse
Drug Abuse
Drug Addiction
Medical Detox
Substance Abuse

Insurance Accepted
Medicare
Medicaid

Atlanta Area Psychological Associates

770-953-6401

327 Dahlonega Street Suite 1801-B Cumming, GA 30040

https://www.atlantapsych.com/

"Leaner, more problem-focused and outcome-oriented, there are a variety of effective approaches today that were not readily available previously. We provide services to adults, teens and children. We can meet virtually every mental health need you may have; in the rare instance when we cannot, we can quickly direct you to the right place. Acting as a behavioral, strategic and motivational consultant, we work with you, your partner, your children, your parents, etc., individually or in various combinations. Finding a new way to see an old problem is often the first step towards trying new solutions, leading to refreshingly different results. There are several "indirect" services we provide as well, such as several types of Psychological Testing and various kinds of Evaluations."

Insurance Information:
Wellcare
Peach State
Amerigroup
Tricare Standard
Tricare Prime
Aetna
Blue Cross Blue Shield
Cigna
Magellan
MultiPlan
United Healthcare
Value Options

AVITA Community Partners

125 N. Corners Parkway Cumming, GA 30040 (678) 341-3840

www.avitapartners.org

Avita Community Partners is a community agency that helps individuals and families affected by mental illness, developmental disabilities, and addictive diseases. There is a fee for some of Avita's services. Peachcare and Medicaid, Medicaid CMO and Blue Cross Blue Shield are accepted. Sliding scale fees are available for some services.

Services Offered:

Child and Adolescent Services

- Outpatient Mental Health Treatment Services provide psychiatric treatment and counseling for youth and their families. Licensed clinicians work with children and adolescents to enhance their mental, emotional, and social functioning.
- Adolescents Substance Abuse Outpatient Treatment Services provide early intervention and counseling for youth and their family.
- Adolescent Clubhouse is a unique program that provides recreational alternatives as well as counseling services for at risk youth in a safe and supportive environment.

Adult Behavioral Health Programs

- Psycho-educational Services teach living skills, medication management, anger management, anxiety, phobia symptoms management, self-esteem enhancement, and depression recovery techniques.
- Medication Management Services provide physician, nursing, and pharmacy services for persons with severe mental illnesses.
- Individual & Group Counseling Services provide supportive psychotherapy for persons with mental illness and addictive disease, and brief therapy for persons experiencing a crisis related to an emotional or adjustment disorder.
- Peer Support Program is provided by a Certified Peer Specialist individual who has progressed through their own recovery and now can offer help to other adults with severe and persistent mental illness.
- Community Support Individual Services provide outreach, case management, and rehabilitation services to assist persons with severe and persistent mental illness. Clients maintain a safe and stable community housing as well as, independent living skills and access to other community services.
- Crisis Stabilization Unit provides adults with short-term residential care for psychiatric stabilization and alcohol/drug detoxification
- on a 24-hours a day, 7-days a week basis. The Crisis Stabilization Unit provides a cost-effective, less restrictive alternative to hospital care for persons in crisis due to mental health or addictive disorders.

Babies Can't Wait

https://www.bcw-bibs.com/

"Babies Can't Wait (BCW) is Georgia's statewide interagency service delivery system for infants and toddlers with developmental delays or disabilities and their families. BCW is established by Part C of the Individuals with Disabilities Education Act (IDEA) which guarantees all eligible children, regardless of their disability, access to services that will enhance their development."

Who Is Eligible for Babies Can't Wait?

BCW serves Georgia children from birth up to their third birthday, regardless of income, who meet one of the following criteria:

- 1. Have a diagnosed physical or mental condition which is known to result in a developmental delay, such as blindness, Down syndrome, or Spina Bifida; or
- 2. Have a diagnosed developmental delay confirmed by a qualified team of professionals.

Banks Counseling

770-527-1236

327 Dahlonega Street Suite 1901 A Cumming, GA 30040

http://www.bankscounseling.com/

"I work with a wide range of emotional and behavioral issues providing services that span from therapy for depression to parenting support, couples counseling and beyond. In a comfortable and supportive atmosphere, I offer a highly personalized approach tailored to each of my clients individual needs to help attain the personal growth they're striving for."

Services Include:

Adolescents and parenting support Family counseling

Addiction and recovery for adults, young
adults, adolescents, and family members
affected by addiction

Work and career issues

Young adult life transitions

Therapy for depression and anxiety Stress management

Couples counseling

Payment Information:

Payment is expected in full at the time of service. Out of network insurance benefits may be used as most insurances cover mental health services. If you wish to use your insurance benefits, it will be necessary to file for reimbursement directly with your carrier.

Barry Klein, PhD

Atlanta Center for Family Psychology

(404)-216-0336

634 Peachtree Parkway Cumming, GA 30041

Call for Payment/Insurance Information

Bethany Christian Services

770-455-7111

6645 Peachtree Dunwoody Road Atlanta, GA 30328

https://www.bethany.org/atlanta

"Bethany Christian Services is a global nonprofit organization that brings families together and keeps families together. Strengthening families for the well-being of children is our top priority. Our services include adoption, foster care, and pregnancy counseling. We also provide counseling to families, assist refugees and immigrants resettling in the U.S., and partner with several international countries to help keep families together. The work we do equips families to be the answer for children in need..."

Other Services:
Pregnancy Support
Adoption Services
Foster Care Services
Family Counseling
Refugee Services

Beyond Today Counseling Services

327 Dahlonega Road Suite 1902B Cumming, GA 30040 678-371-7357

http://www.beyondtodaycounseling.com/

Adult Services:

Anxiety related disorders
Blended/step family
adjustments
Communication skills
building
Couples therapy
Depression and other
mood disorders

Divorce recovery
Eating disorders
Forgiveness and healing
Grief and loss
Personal growth and
development
Work related problems
Stress management

Substance abuse recovery support
Survivors of abuse and other traumas

Child/Adolescent Services:

Adjustment to change
Anxiety related disorders
Attachment related
disorders
Attention and hyperactivity
disorders
Bed wetting

Blended/step family adjustments Depression and other mood disorders Developmental delays Divorce recovery Eating and elimination issues

Grief and loss
Parenting and coparenting
Self-harming behaviors
School related problems
Social skills training
Survivors of abuse and
other traumas

Fees for Service:

"We have some therapists who are contracted providers with insurance companies, such as Aetna, Amerigroup, Blue Cross Blue Shield, Cenpatico, Cigna, Humana, PCHS, and WellCare, while other therapists provide services at an affordable self-pay rate. If you wish to use your insurance as form of payment please contact your insurance provider to ensure you have behavioral health coverage before making your first appointment."

Boy Scouts of Northeast Georgia

http://nega-bsa.org/

706-693-2446

"Cub Scouts is a year-round family- and home-centered program that develops ethical decision-making skills for boys in the second through fifth grade (or who are 8, 9, and 10 years old).

Activities emphasize character development, citizenship training, and personal fitness.

Boy Scouting is a year-round program for boys 11 through 17 designed to achieve the aims of Scouting through a vigorous outdoor program and peer group leadership with the counsel of an adult Scoutmaster. (Boys also may become Boy Scouts if they have earned the Cub Scouting Arrow of Light Award and are at least 10 years old and have completed the fifth grade and are at least 10 years old.)"

Brian Long, LPC

(404) 369-3867

600 Peachtree Parkway Suite 112 Cumming, Georgia 30041

Services Include Treatment for:

ADHD Domestic Violence Peer Relationships Addiction Drug Abuse Relationship Issues Adoption **Dual Diagnosis** School Issues **Emotional Disturbance** Alcohol Abuse Self Esteem Anger Management **Family Conflict** Self-Harming Grief Sexual Abuse Asperger's Syndrome Behavioral Issues Life Coaching Sleep or Insomnia Bipolar Disorder Men's Issues Substance Abuse Chronic Impulsivity Narcissistic Personality Suicidal Ideation Obsessive-Compulsive Teen Violence Coping Skills Transgender Divorce Oppositional Defiance Trauma and PTSD **Domestic Abuse** Parenting

Accepted Insurance Plans

AMERIGROUP Magellan Behavioral Health

Aetna Military OneSource

BlueCross and BlueShield Multiplan
Cenpatico TRICARE
Cigna ValueOptions
Humana WellCare

Charles Britt, LPC

(678) 824-2142

327 Dahlonega Street Suite 302-B Cumming, Georgia 30040

"Are you or do you know someone who is suffering from problems such as depression, anxiety, anger or addiction? Many of us at times find ourselves or our loved ones trapped and having difficulty finding a way out of the problems life brings. Through the suffering and the pain we are tempted to give up in despair, unable to see a way through the confusion and hopelessness. As a Christian counselor I seek to minister to the mental, emotional and spiritual needs of the individual, couple or families who may be struggling with various problems."

Specialties

Depression Addiction Spirituality

Mental Health

Impulse Control Disorders
Thinking Disorders

Issues

Anger Management
Anxiety
Domestic Abuse
Domestic Violence
Grief
Life Coaching
Relationship Issues
Substance Abuse
Trauma and PTSD

Finances

Sliding Scale: Yes Accepts Insurance: Yes

Accepted Insurance Plans

AMERIGROUP
Aetna
Beech Street
Behavioral Health Systems
BlueCross and BlueShield
Ceridian
Cigna
Coventry

Great-West Life
Guardian
Kaiser
Magellan Behavioral Health
UnitedHealthcare
ValueOptions
WellPoint
Out of Network

Childcare Resource & Referral Agency

1-877-772-2445

http://www.allgakids.org/new/

"877-ALL-GA-KIDS is managed by Quality Care for Children. Our mission is to ensure Georgia's infants and young children are nurtured and educated when they are not in the care of their parents. We do this is by helping families access quality, affordable care for their children, and by helping families make informed decisions by understanding the information and supports that are available to them."

Resources Available For:

Child Care
Summer Camps
Paying for Child Care
Special Needs
Family Resources
Monitoring and Safety

Family Resources Include:

Child Development & Education
Health & Safety
Family Engagement
Qualifications for Food Stamps, TANF, Medicaid,
PeachCare for Kids, WIC, Energy Assistance, Food Assistance,
Child Support Services, Housing Assistance, and more

Children's Healthcare of Atlanta: Forsyth

404-785-3100 410 Peachtree Parkway The Collection at Forsyth Cumming, GA 30041

https://www.choa.org/medical-services/urgent-care

"Children's is dedicated to making the kids of Forsyth better today and healthier tomorrow by offering outpatient services, including urgent care, audiology, endocrinology, general surgery, neurology, orthotics and prosthetics, rehabilitation and sports medicine.

When your child has a minor injury or illness and your family's pediatrician is not available, Children's Urgent Care is here for you especially on evenings, weekends and holidays."

Hours of Operation:

Weekdays: 11 a.m. to 9 p.m. Weekends: 9 a.m. to 9 p.m. Holidays: 9 a.m. to 7 p.m.

Holidays include: New Year's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving and Christmas

Common conditions for treatment include:

Allergic reaction (with no trouble breathing)
Asthma attack (mild wheezing)

Bite or sting

Broken bone (bone not coming out of the skin)

Concussion or minor head injury (no loss of

consciousness)

Coughing or mild wheezing (with no trouble

breathing)

Earache or ear infection

Fever (children older than 2 months)

Minor burns

Minor cuts, including cuts that might need

stitches

Pneumonia (without trouble breathing)

Sore throat Skin rash Stomachache Sprained ankle

Swallowed object (without trouble swallowing)

Vomiting or diarrhea

CHOA Pediatric Urgent Care Centers offer:

A pediatrician on staff

Staff specially trained to diagnose and treat children 0 to 21 years old
Walk-in hours seven days a week, including evenings and holidays
Lab and x-ray services to quickly diagnose your child's minor illnesses and injuries
Fracture care with access to pediatric orthopaedic specialists
Access to the Children's network of doctors and pediatric specialties
Electronic submission of prescriptions to your pharmacy
Online scheduling, allowing you to pick a time to arrive and begin the check-in process

CLC Counseling

2450 Atlanta Hwy #303 Cumming, GA 30040

(770) 530-9205 Cheryl@clccounseling.com

http://www.clccounseling.com/index.html

"Within a comfortable and supportive atmosphere, I offer a highly personalized approach tailored to each of my clients individual needs to help attain the personal growth they're striving for. Being compassionate, caring, and truly interested in helping you reach your goals allows me to provide counseling to adolescents, adults, children, and families.

I specialize in issues ranging from depression, anxiety, self-harm, loss, relational concerns, parenting, addiction, school issues and many more. I enjoy working with individuals as well as groups, and have extensive experience working with children, adolescents, and adults."

Services:

Individual Therapy and Group Therapy as well as parenting consultations.

Call for Payment/Insurance Information

Creative Spark Child Counseling Center

888-832-0744

https://www.thecsc3.com/

110 Samaritan Drive Suite 209 Cumming, GA 30040

"At the Creative Spark, we believe in treating the child by looking into the child's world. As such, our facility is designed to cater to children and their families. We are training RPT's (Registered Play Therapist's) and trained Filial Therapists (Play Therapy with the parents included). But we are not just for children. We have some of the best Parenting, Co-Parenting and Individual Adult Therapist in town!"

Services:

Play Therapy
Creative Expressive Therapy
Adult Individual Therapy
Filial Therapy
Parenting Support & Individual Therapy
Co-parenting

Insurance:

Blue Cross Blue Shield Cigna

Christ Community Church

770-442-8600

5455 Campground Road Cumming, GA 30040

http://ccc-connection.com/

GriefShare

Adult support group for grief and loss

"GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone."

Workbook: \$15. Childcare available (indicate on the sign up form).

Sign up by following the link below or by phone http://ccc-connection.com/rsvp/#.WbKm200wjcs

Creekside United Methodist Church

673 Peachtree Parkway Cumming, GA 30041 770- 888- 8449

http://www.creekside.net/ministries/adults/support.html

GriefShare

Adult support group for grief and loss

"Creekside is bringing together a supportive, caring group of people who will walk alongside you through one of life's most difficult experiences; the loss of a loved one. You are not alone. We will journey from mourning to a better tomorrow through the GriefShare process."

Class Meets: Wednesdays at 7pm
Registration: requested but not required
Cost: \$15
Childcare: Available

Schedule:

Session 1 - Living with Grief
Session 2 - The Journey of Grief
Session 3 - The Effects of Grief
Session 4 - When Your Spouse Dies
Session 5 - Your Family and Grief
Session 6 - Why?

Session 7 - The Uniqueness of Grief, Pt 1
Session 8 - The Uniqueness of Grief, Pt 2
Session 9 - God's Prescription for Grief
Session 10 - Stuck in Grief
Session 11 - Top Twenty Lessons of Grief, Pt 1
Session 12 - Top Twenty Lessons of Grief, Pt 2
Session 13 - Heaven

Surviving the Holidays:

Join us for this stand-alone, holiday session of GriefShare that helps navigate the weeks surrounding Thanksgiving and Christmas. Anyone is welcome to come!

Cumming Baptist Church

770-205-6699

http://cummingbaptist.net/

115 Church Street Cumming, GA 30040

Cumming Baptist Food Pantry

Doors open every Monday from 8:00am to 10:00am. Located in the Family Life Center Tribble Gap Road Entrance.

Cumming Counseling

102 Mary Alice Park Road

Suite #804

Cumming, GA 30040

470-239-4290

Evening & weekend appointments https://cummingcounseling.com

Kristi Logan, LPC, RPT, NCC (Joy Counseling & Play Therapy, LLC)

Shelly Morton, LPC, RPT, NCC (Kamiak Creek Counseling & Play Therapy, LLC)

Diane Orado, LPC, RPT, NCC (Cumming Counseling & Play Therapy, LLC)

Cumming First United Methodist Church

770 Canton Highway Cumming, GA 30040 770-887-2900

http://cfumcga.com/

Grief Support

Grief Matters

Adult Program

"Grief Matters" is an eight week peer support program devoted to understanding the nature of grief and providing strategies for the grief journey.

No fee

Child care provided with prior reservations

Rainbows Spectrum

Child Program

Rainbows/Spectrum is a weekly support group for children and youth who have experienced a significant loss or change in their lives such as death, divorce, or remarriage. This group is offered in two, 12-week sessions a year.

Emotions Anonymous

"Emotions Anonymous is a twelve-step organization, similar to Alcoholics Anonymous. Our fellowship is composed of people who come together in weekly meetings for the purpose of working toward recovery from emotional difficulties. EA members are from many walks of life and are of diverse ages, economic status, social and educational backgrounds. The only requirement for membership is a desire to become well emotionally."

The group meets each Wednesdays from 7:00 – 8:30 in Room 18 below the Sanctuary.

Road to Recovery

Road to Recovery offers a ride for cancer patients to doctors appointments or chemo/radiation treatments.

For more information on Road to Recovery, please contact Linda Conyers at (770) 781-4706.

Dementia Caregivers Group

A support group for those that are the caregivers to loved ones with Alzheimer's and Dementia.

To sign up, contact Rev. Kathie Stasko at kstasko@cfumcga.com

Cumming Home Ministries

429 Canton Road Cumming, GA 30040 678-456-5544

http://cumminghomeministries.org/

"Cumming Home Ministries is a 501(c)(3) non-profit organization that came into existence in an effort to provide transitional housing, spiritual mentoring and life-skills coaching in Cumming for homeless men in Metro Atlanta."

Particular Areas of Need CHM Addresses:

Transitional Housing Ministry
Spiritual Growth and Training
Worship and Fellowship
Inner Healing and Deliverance Ministry
Food Ministry
Disaster Preparedness and Disaster Response

Cumming Home Ministries Thrift Store

"It is the mission of CHM Thrift Store to be an affordable option of buying goods for the community, provide a place of employment and experience for men in transition, and help fund the larger ministry, of transitional men's housing."

Thrift Store Hours of Operation

Monday-Saturday: 10:00 a.m. - 5:30 p.m. Closed Sundays

Food Ministry

Almost daily, the Thrift Store has an assortment of bread and other baked goods on display for customers to take home free of charge.

Cumming Housing Authority

770-887-5331

102 Social Circle Cumming, GA 30040

The Cumming Housing Authority provides low income housing programs. Authorities determine housing eligibility and administer two different types of housing assistance programs.

Types of Housing Assistance Programs

Section 8 Housing

provides rental assistance to low-income families living in privately-owned rental properties <u>Low Income Housing</u>

directly owned and operated by the US Department of Housing and Urban Development (HUD).

David Michael Mcqueeney, PhD

770-317-3365

327 Dahlonega Street Building 1600 Cumming, GA 30041

Clinical Child and Adolescent Psychologist

Call for Payment/Insurance Information

Georgia Department of Behavioral Health and Developmental Disabilities

Region 1 Office:

1230 Bald Ridge Marina Road Suite 800 Cumming, GA 30041 678-947-2818

https://dbhdd.georgia.gov/

"The Georgia Department of Behavioral Health and Developmental Disabilities provides treatment and support services to people with mental health challenges and substance use disorders, and assists individuals who live with intellectual and developmental disabilities."

DBHDD's vision:

Easy access to high-quality care that leads to a life of recovery and independence for the people we serve."

DBHDD Services:

Addictive Diseases
Behavioral Health
Behavioral Health Prevention
Deaf Services
Developmental Disabilities
Forensic Services
Recovery Transformation
Victim Notification

District 2 Public Health

http://phdistrict2.org/

Adult Health

Provides blood pressure checks, therapeutic injections (with doctor's order), and diabetes screening.

Child Health

Health Check provides well-child physical for children 0-21 years of age with Medicaid or PeachCare Child Health provides well-child physicals for non-Medicaid or PeachCare children 0-21 years of age on a sliding fee scale.

Children with Special Needs

Early Hearing Detection & Intervention (EHDI)

Newborn hearing screening is screening for hearing loss. All babies should be screened for hearing loss before 1 month of age. The screening is typically done before the baby leaves the birthing facility. EHDI includes screening for hearing loss in the birthing hospital; referral of those who do not pass the hospital screening for rescreening; for newborns who do not pass the rescreening referral for diagnostic audiological evaluation; and, linkage to appropriate intervention for those babies diagnosed with hearing loss. Technical assistance and training about implementing and maintaining a quality newborn hearing screening program is provided to hospitals, primary care physicians, audiologists, early interventionists, and public health staff. To learn more, contact the District 2 EHDI Program at 770-535-6907.

Communicable Diseases

Sexually Transmitted Diseases (STD):

District 2 Health Departments provide testing, education and treatment of sexually transmitted diseases.

HIV/AIDS

All of our Health Departments provide HIV testing, counseling and referral of clients needing evaluation.

Tuberculosis Screening

County Health Departments provide skin testing, diagnosis, and management of newly diagnosed TB cases as well as provide treatment of persons with latent TB infection.

Dental

The District 2 Pediatric Dental Program is one of the largest in the state and services are available to children up to 21 years of age who have medicaid or PeachCare insurance. Patients without insurance can also be seen on a fee basis. Children can be seen as early as 1 year of age for anticipatory guidance screening exams.

Education on preventing dental disease

X-rays

Fluoride treatment

Restoration of teeth with cavities (fillings)

Treatment of oral infections

Dental screenings and oral examinations

Teeth cleanings

Sealants on permanent molars

Extractions of non-restorable teeth

Referrals for hospital pediatric dental treatment

Elizabeth Mccampbell, PhD

634 Peachtree Pkwy Suite 285 Cumming, Georgia 30041 770-551-2775

"My specialty is assessing and managing ADD, in children, adolescents and adults. I have walked the walk in raising a son with ADD and anxiety and that has given me immeasurable understanding that didn't come from any psychology texts. I also work well with adults and teens with depression, anxiety and situational and relationship issues. Though my practice includes teens and children, I also very much enjoy seeing adults."

Specialities:

ADHD Anxiety Relationship Issues

Issues

Child or Adolescent Divorce Depression Parenting

Payment:

Accepted Insurance Plans

Aetna Magellan Behavioral Health Medicaid Anthem Beacon Medicare BlueCross and BlueShield Optum Cenpatico **PHCS** Cigna **TRICARE** First Health **UMR Great-West Life** UnitedHealthcare Humana **ValueOptions** LifeSynch WellPoint

Sliding Scale

Episcopal Church of the Holy Spirit

724 Pilgrim Mill Road Cumming, GA 30040 770-887-8190

http://www.ecohs.net/

The Pantry:

As one of the only non-food pantries in Forsyth County, The Pantry offers essential items that cannot be purchased with food stamps; items such as toilet paper, laundry detergent and diapers on the last Saturday of every month.

Family Counseling Associates of North Georgia

110 Samaritan Drive Suite 110, 208, 209, 210 Cumming, GA 30040 888-850-4891

https://www.familycounseling4ng.com/

"We offer high quality counseling services for Cumming and the surrounding areas. We strive for quality at every level. From the moment we make contact with you over the phone, to the first time we meet you, and through to our last closure session, quality matters! We believe, it is about providing superior, professional counseling services to the North Georgia area.

Our staff is goal oriented, effective, and creative. We desire to offer Christian Counseling to all families with quality leading the way!

We focus on children, adolescents, adults, and families who have been exposed to a trauma event, who have endured some type of trauma or are experiencing issues which negatively impact healthy ways of behaving. We have special rooms to help you and your loved ones overcome the challenges of life. If you are ready to receive the highest possible level of care from your Marriage Counselor, Adolescent Counselor, Adult Individual Counselor or Child Counselor then give us a call today. We Can Help!

We are also one of only a handful of facilities with nationally certified therapy dogs specially trained to make our unique quality driven approach to therapy even more effective."

Call for Payment/Insurance Information

Family Haven

24-Hour Crisis Line: 770-887-1121 Legal Advocacy: 770-889-6384 Ext. 103 http://forsythcountyfamilyhaven.info/

24-Hour Crisis Line

24 hours a day, 7 days a week, advocates are available to provide information and make referrals for services and programs.

Shelter

Counseling and Support Group

Free counseling is offered to victims and their family members. There is no limit to the number of counseling sessions a client may receive.

Transitional Housing

Family Haven has three apartment-style transitional housing units. Transitional housing is offered for up to 12 months for qualified clients. The focus is on economic empowerment to move clients towards sustainability for independent and permanent housing.

Family Haven has a 21-bed confidential shelter living facility that offers a safe place for women and children who have suffered domestic violence. Client centered case management services are provided.

Legal Advocacy

Our Legal Advocate will answer questions concerning victims' rights and filling a Temporary Protective Order (TPO), and will accompany clients to court proceedings as needed.

Teen Safe Dates Education

We facilitate Hazelden's Safe Dates evidence-based dating abuse prevention curriculum in local high schools. The goal is to help teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive dating relationships.

Family Haven's Thrift Store

598 Veterans Memorial Blvd. Cumming, GA 30040 Telephone: 770-844-0842 Hours of Operation:

Monday-Friday: 10:00 am-5:30 pm, Saturday: 10:00 am-5:00 pm

Family Haven's Thrift Store serves two very unique and vital functions for our organization:

1) Donated items are made available to victims of violence and their families free of charge.

They are offered thrift store vouchers to select clothing for themselves and for their children, household items, and furniture to assist them as they move into their self-supportive housing.

2) Proceeds from sales to the public go into the operating fund to support the shelter and other Family Haven programs and services.

Family Haven Family Violence Support Group

http://forsythcountyfamilyhaven.info/

Please call for more information about group dates, times, and location.

24-Hour Crisis Line: 770-887-1121 Legal Advocacy: 770-889-6384 Ext. 103

Family Promise of Forsyth County

678-476-4657

http://www.familypromiseofforsythcounty.org/

"We recognize that poverty is a multifaceted problem that requires a multifaceted response.

We respond by integrating educational outreach, smart programming, effective policies, and the hands-on work of volunteers. Through our network of host & support congregations, we are able to provide food, housing, and support services for homeless families. In addition, we provide advice and advocacy for at-risk families to prevent their becoming homeless."

A Problem: Children without homes

The Forsyth County public schools welcomed through its doors 635 homeless children during the 2015-2016 school year

A Solution: Community united in purpose

- -Assessment: Each family's situation will be individually assessed, in order to create a realistic plan to obtain self-sustainability
- -Collaboration: Working with other agencies and entities, families will receive the support and training they need to be successful
- -Safety: While guests of Family Promise, families will be housed at host churches where they will receive meals and warm hospitality
- -Empowerment: Families will graduate from this program empowered to take control of their lives with the skills and tools they have received

Flood Student Community Mission

770-289-1834

http://floodstudentmissions.org/

"Flood began in 2007 because God began to stir in the hearts of today's middle and high school students, a desire to serve someone other than themselves.

Since that time, students have continued to demonstrate their desire to serve in their communities and invite their friends to experience what happens when they give a piece of their heart and time to someone in need. There is no other organization currently providing to students what flood offers – a consistent, Christ-centered ministry, that allows students to lead other students in serving by reaching out in their schools and communities. While the need of flood has impacted our communities through service, as a result, Christ's love has impacted the lives and faith of numerous volunteers through serving."

Forsyth Schools:

Forsyth Central High Lambert High School North Forsyth High South Forsyth High West Forsyth High

Register at: http://floodstudentmissions.org/serve-now/

Focus Forward Counseling and Consulting

5975 Parkway North Blvd., Suite D 5971 Parkway North Blvd., Suite C Cumming, GA 30040

> 404-388-3909 https://focusforwardcc.com/

Services

Psychological Testing
Child and Adolescent Counseling
Relationship Counseling for Individuals and Couples
Mood and Anxiety Disorders
Substance Abuse Counseling
Stress Management
Trauma / EMDR (Eye Movement Desensitization and Reprocessing)
Career Counseling
Brief Counseling
Eating Disorders and Related Behaviors

Fees

Focus Forward Counseling and Consulting, Inc. accepts virtually all major insurance plans. If your insurance doesn't cover the requested service or if you choose not to utilize your insurance we offer affordable rates to make counseling, therapy, and psychological evaluations accessible.

The cost of counseling varies depending on several factors. For those without private insurance or those who prefer greater privacy without involving their insurance company, Focus Forward offers a private pay system that's structured to help make counseling affordable for a wide range of people. Fees range from \$115-\$150 per session depending on your therapist's license and experience. Insurance co-pay amounts commonly range from \$20 – \$60 per session. Deductible based plans typically cost between \$65 and \$130 per session, based on your insurance company's fee schedule, until your annual deductible or out of pocket maximum is met.

Forsyth County 4-H

770-887-2418

http://www.forsythco.com/Departments-Offices/UGA-Extension/4-H-Youth-Development

4-H Youth Development

"4-H is an educational program teaching leadership, citizenship, public speaking and practical life skills. The goal is to make learning fun! It is the youth phase of The University of Georgia Cooperative Extension Service. More than 1,300 Forsyth County young people participate in 4-H activities. The 4-H Program is part of the Forsyth County School System. There are also 4-H activities outside of school. 4-H is open to all children ages 9-19. 4-H may have begun as Corn and Tomato Clubs, however, today 4-H has evolved to teach computers, recycling, photography, nutrition, violence prevention, teamwork and many other topics relative to Forsyth County youth."

Fees

There is no charge to be a 4-H member. Some optional activities may have a small charge.

Opportunities for Forsyth County 4-H'ers Team or Individual Competitions

Diverse team and individual learning experiences promote teamwork, develop public speaking skills, enhance decision making abilities and promote subject matter comprehension.

Cotton/Consumer Judging
Horse Judging
Forestry Field Day
Poultry Judging
Wildlife Judging
Quiz Bowls
Shooting Sports Competitions Demonstrations

Forsyth County Autism and Special Needs Support Group

Vine Community Church 4655 Bethelview Rd. Cumming, GA 30040

https://myforsythgroup.com/

Contacts:

Mary Kathryn McDonald 404-316-9740 Sharon E Howell 770-772-8925

"The Forsyth Autism and Special Needs support group's mission is to connect, educate and empower parents in and around Forsyth County. We meet monthly during the school year at The Vine Community Church in Cumming. We focus on sharing experiences, insights and information among families with autistic/special needs children. We collaborate in order to learn more about services available for our families in the North Atlanta area."

Forsyth County Schools

https://www.forsyth.k12.ga.us/

1120 Dahlonega Highway Cumming, GA 30040 770-887-2461

Elementary Schools

Big Creek	Daves Creek	Sawnee
(770) 887-4584	(770) 888-1222	(770) 887-6161
Brandywine	Haw Creek	Settles Bridge
770-667-2585	(678) 965-5070	(770) 887-1883
Brookwood	Johns Creek	Sharon
(678) 965-5060	(678) 965-5041	(770) 888-7511
Chattahoochee	Kelly Mill	Shiloh Point
(770) 781-2240	678-965-4953	(678) 341-6481
Chestatee	Mashburn	Silver City
(770) 887-2341	(770) 889-1630	(678) 965-5020
Coal Mountain	Matt	Vickery Creek
(770) 887-7705	(678) 455-4500	(770) 346-0040
Cumming	Midway	Whitlow
(770) 887-7749	(770) 475-6670	(678) 965-5090
	Middle Schools	
Desana	(678) 965-5000	Riverwatch
(770)-667-2591	North Forsyth	(678) 455-7311
Lakeside	(770) 889-0743	South Forsyth
(678) 965-5080	Otwell	(770) 888-3170
Liberty	(770) 887-5248	Vickery Creek
(770) 781-4889	Piney Grove	(770) 667-2580
Little Mill	(678) 965-5010	
	High Schools	
Forsyth Central	North Forsyth	West Forsyth
(770) 887-8151	(770) 781-6637	(770) 888-3470
Lambert	South Forsyth	

Academies of Creative Education

(678) 965-5050

Gateway Academy 6-12 alternative program
(770)-781-2299
Forsyth Academy 9-12 non-traditional program
(770) 781-3141
Forsyth Virtual Academy 6-12 online school
(770) 781-3141

Campus ParentPortal

https://campus.forsyth.k12.ga.us/campus/portal/forsyth.jsp

Application for Free & Reduced Meals http://schoolmealapp.forsyth.k12.ga.us/

Forsyth County Health Department

(770) 781-2264

428 Canton Hwy

Cumming, GA 30040 770-781-6900

http://forsythhd.com/

Clinical Hours:

Clinical and nursing services are available Monday thru Friday 8:00 AM until 5:00 PM. We close for lunch daily from 12:00 PM-1:00 PM.

On the fourth Friday of each month our hours are 10:00 AM-12:00 PM and 1:00 PM-5:00 PM We have no General Clinic Services (immunizations, screenings for school entrance, blood work, etc) from 1:00 PM to 5:00 PM on the last business day of the month due to inventory.

The Forsyth County Health Department provides the following services to safeguard the health of our children and adolescents:

Health Check:

-Well child checkups for children 0-21 years of age Medicaid, fee for service, sliding scale -Hearing, vision and dental screenings

WIC: Supplemental foods

-For pregnant Women, infants, and children in need. Nutrition and breastfeeding education and counseling to meet individual needs.

Childhood Immunizations:

Hep A (Hepatitis A)	PCV (Pneumonia/Prevnar)	MMR (Mumps, Measles,
Hep B (Hepatitis B)	TD (Tetanus)	Rubella)
IVP (Polio)	MPSV4 (Meningitis)	MMRV (Mumps, Measles,
Hib (Haemophilus Influenzae	DTaP/Tdap (Diphtheria,	Rubella, Varicella)
Type b3)	Tetanus, Pertussis or	DHI (Dtap, Hep B, IPV)
VZV (Varicella/Chickenpox)	Whooping Cough)	Rototec (Rotovirus)
Influenza (Flu)		

Children's First Program intake and referral **Babies Born Healthy Applications** Babies Can't Wait/ Children Medical Services Referrals Children's Dental Clinic

To help children maintain healthy teeth and gums, the Forsyth County Health Department offers the following dental services for children ages 1-19 years old. (Medicaid to age 21):

Emergency evaluation	Fluoride treatments	Extractions
Dental exams	Sealants	Referrals given for other
Cleanings	Fillings	dental services
X-rays	Root canals (primary teeth)	

Root canals (primary teeth)

Insurance:

Medicaid Wellcare Private Insurance (please call Peachstate Amerigroup for details)

Forsyth County Special Olympics

1120 Dahlonega Hwy Cumming, GA 30040 http://soforsyth.com/ 770-887-2461

Mission:

To establish year round sporting and leisure activities for individuals with developmental and/or intellectual disabilities who live in Forsyth County and the surrounding areas.

Beliefs:

- 1. Individuals with developmental and/or cognitive disabilities need more opportunities to participate in a variety of leisure and sporting activities.
 - 2. The earlier a child gets involved with sports and a healthy lifestyle, the more likely s/he will continue his/her involvement later as an adult.
 - 3. Special Olympics and sporting/leisure activities are vital to the success of a young person's transition to adulthood as it can positively enhance one's independence and productivity, social skills, health, and self-worth.
 - 4. Special Olympics will increase community awareness about individuals with developmental disabilities resulting in an inclusive community that encourages independence, productivity and accessibility.
 - 5. Athletes that get involved in leisure and sporting activities will yield positive and rewarding experiences for the individual, his/her family and the community.

Who is eligible to participate in Special Olympics?

To be eligible to participate in Special Olympics, an athlete must be at least 8 years old for State Games or in grades 3 and up for Local Games (K and up for the Annual Spring Games) and identified by an agency or professional as having one of the following conditions: intellectual disabilities, cognitive delays as measured by formal assessment, or significant learning or vocational problems due to cognitive delay that requires or has required specially designed instruction.

Athletes must have a participation form completed by his/her parents or guardian. The form provides written consent for participation and media release. In addition, the athlete's doctor must sign the medical release giving the athlete clearance to practice and compete (see information below about Down syndrome guidelines). Participation forms are good for 3 years.

Sports	
Bowling	Softball
Equestrian	Table Tennis
Floor Hockey	Tennis
Golf	Unified Sports
	Bowling Equestrian Floor Hockey

Bocce

Forsyth Family Counseling, LLC

Powerlifting

Volleyball

404-548-8557
600 Peachtree Parkway
Suite 106
Cumming, GA 30041
http://www.forsythfamilycounselingga.com/

Types of Problems Addressed

Mood Issues – depression, anxiety, stress
Relationship Issues – conflict with parents, siblings, or peers
Blended Family Issues
Post Adoption Adjustment

Social Problems—ADHD, Autism Spectrum Disorder
Personality Disorder
Trauma Related Issues
Self- Injurious Behaviors
Reactive Attachment Disorder

Counseling Services

Psychotherapy
Play Therapy
Theraplay
Sand Tray Therapy
DBT (Dialectical Behavior Therapy)

Insurance

Forsyth Family Counseling, LLC is predominantly a fee for service practice, although we do participate in a limited number of insurance panels and do bill these select insurance companies directly. To receive a full list of included insurance panels, please call 404-548-8557. If you would like to utilize your insurance benefits, but are not covered by these insurance panels, a statement will be provided that contains all necessary documentation to submit to your insurance company.

Freedom Tabernacle Church's "There's Hope for the Hungry" Program

770-887-4679 https://freedomtabernacle.org/ministries/outreach-ministry/

> 2160 Freedom Parkway Cumming, GA 30041

"Monthly food distribution to those in the community that are in need. We partner with First Redeemer Church every fourth Monday of the month from 10:00 am- 1:00 pm"

Georgia Behavioral Health Professionals

http://mygbhp.com/

Cumming Location: 770-886-5700 5965 Parkway North Blvd, Suite C Cumming, GA 30040

"We believe that treating the whole person is the most effective way to produce lasting change. Therefore, we strive to provide a comprehensive selection of professional services all in one location, including but not limited to medication management for children, adolescents and adults, TMS for the treatment of depression and other illnesses, substance abuse and addiction treatment, cognitive behavioral therapy (CBT), DBT therapy, hypnotherapy, play therapy, exposure therapy. We also provide a number of other holistic and health related services."

Our Services:

Anger Management
ADD/ADHD Evaluations
Self-Esteem and Self-Image Problems
Marital and Relationship Conflicts
Depression and Suicidal Feelings
Psychological Testing and Evaluation
Worker's Compensation and Disability
Evaluations
Detox Outpatient Drugs and Alcohol

Detox Outpatient Drugs and Alcohol Transcranial Magnetic Stimulation (TMS) Stress Management
Drug and Alcohol Addiction
Personality Disorders
Eating Disorders
Sleep Disorders
Independent Medical Evaluations
Gastric Bypass Pre-Surgery Evaluations
Psychotic Disorders
Anxiety Disorders

Insurance:

Aetna
Blue Cross Blue Shield /Anthem
Cigna
Humana
Magellan
Medicare
Tricare
United Healthcare/ Optum

Georgia Crisis and Access Line

1-800-715-4225

http://www.georgiacollaborative.com/gcal.html

Access to Crisis Services

For immediate access to routine or crisis services, please call the Georgia Crisis and Access Line (GCAL) at 1-800-715-4225. GCAL is available 24 hours a day, 7 days a week and 365 days a year to help you or someone you care for in a crisis. GCAL professionals will:

-Provide telephonic crisis intervention services
-Dispatch mobile crisis teams
-Assist individuals in finding an open crisis or detox bed across the State
-Link individuals with urgent appointment services
-Help you access a State Funded provider in your area in a non-emergency as well

Georgia Department of Early Care and Learning

404-656-5957

http://decal.ga.gov/

"Bright from the Start is responsible for meeting the child care and early education needs of Georgia's children and their families. It administers the nationally recognized Georgia's Pre-K Program, licenses child care centers and home-based child care, administers Georgia's Childcare and Parent Services (CAPS) program, federal nutrition programs, and manages Quality Rated, Georgia's community powered child care rating system."

Find Child Care Find Georgia's Pre-K Find a Meal Site

Criminal Records Unit 1-855-884-7444

Pre-K, Nutrition, Quality Initiatives, Training 404-656-5957

Child Care Consultants, Child Care Policy, Family Child Care Learning Homes, Starting a
Child Care Program Information
404-657-5562

Georgia DHR Office of Child Support Services

1-844-694-2347

https://childsupport.georgia.gov/

Mission

Our mission is to increase the reliability of child support paid by parents when they live apart from their children by:

Locating parents

Establishing paternity

Establishing and enforcing fair support orders

Increasing health care coverage for children

Removing barriers to payment, such as referring parents to employment services, supporting healthy co-parenting relationships, supporting responsible fatherhood, and helping to prevent and reduce family violence.

Programs and Services

Apply for Child Support
Driver's License Reinstatement
Paternity Establishment
Fatherhood Program
Parental Accountability Court Program
Child Access and Visitation
Grandparents Raising Grandchildren

Georgia Highlands Medical Services

770-887-1668

http://www.ghms-inc.org/

Cumming Location:

260 Elm Street Cumming, GA 30040

"Georgia Highlands Medical Center offers one of the most complete family practices available in a community healthcare setting. Our service and our care are directed to all ages and all kinds of illnesses and conditions from acute to chronic. Our services cover the entire spectrum of modern medicine. Laboratory work is also available with the office system."

Services:

Family Practice

OB/GYN

Pediatrics

Geriatrics

Family Planning

Diabetes Management

Pharmacy

Health Insurance Marketplace Enrollment (ACA)

Fees:

"We serve all patients regardless of income or insurance status. Discounts for services are based on family size and income"

Georgia Mountains Community SVC

678-341-3840 1-800-525-8751 125 N Corners Parkway Cumming, GA 30040 http://www.gamtns.org/

AVITA Community Partners

Mental Health Services

Psychoeducational Classes and Counseling
Rehabilitation and Community Support
Employment Support
Medical

Girl Scouts of Greater Atlanta

1-800-771-1139

https://www.girlscoutsatl.org/

"We're the preeminent leadership development organization for girls. And with programs from coast to coast and across the globe, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure, and success."

Grade Levels

Daisies: Grades K-1 Brownies: Grades 2-3

Junior Girl Scouts: Grades 4-5

Cadettes: Grades 6-8

Girl Scout Seniors: Grades 9-10
Girl Scout Ambassadors: Grades 11-12

Girls on the Run

https://www.girlsontherun.org/

"Girls on the Run® is a 501(c)3 non-profit organization dedicated to creating a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams.

Meeting twice a week in small teams, we teach life skills through dynamic, interactive lessons and running games. The curriculum is taught by certified Girls on the Run coaches and includes three parts: understanding ourselves, valuing relationships and teamwork and understanding how we connect with and shape the world at large.

Running is used to inspire and motivate girls, encourage lifelong health and fitness, and build confidence through accomplishment. Important social, psychological, and physical skills and abilities are developed and reinforced throughout the program. At each season's conclusion, the girls and their running buddies complete a 5K running event which gives them a tangible sense of achievement as well as a framework for setting and achieving life goals. The result—making the seemingly impossible, possible, and teaching girls that they can."

Local Girls on the Run Council

404-667-4101

https://www.girlsontherunnorthga.org/

North Georgia: Forsyth, Hall, Cherokee, Dawson, Oconee, Barrow, White, and Clarke Counties

Greater Heights Baptist Church Food Pantry

770-887-4802 3790 Post Road Cumming, GA 30040 http://ghbcc.org/food-pantry.html

John 6:35 Food Pantry

Hot Meal Night:

Our food pantry staff looks forward to serving your family on the 2nd Wednesday night of each month.

Food Boxes:

On the 2nd and 4th Wednesday night of each month, the John 6:35 Food Pantry opens to serve our community promptly at 5:30PM.

Reserving a Box:

You may reserve a box for your family (as supplies last) by contacting the following numbers:

English: 770-887-4802 Español: 678-858-3144 Email: crayner@ghbcc.org

Habitat for Humanity

https://www.habitat.org/

"Habitat for Humanity works in communities across the United States and Canada, building strength, stability and independence in partnership with families.

We are at work in all 50 U.S. states, the District of Columbia and Puerto Rico. In Canada, we build in all 10 provinces and in each of the three territories.

Habitat for Humanity operates at the local level. Each Habitat for Humanity coordinates its own construction, selects local homebuyer applicants and many operate local ReStore home improvement centers."

Local Habitat for Humanity

(770) 886-4939

http://habitat-ncg.org/

133 Samaritan Dr, Suite 107 Cumming, GA 30041

Head Start (Ninth District Opportunity)

http://www.ndo.org/web/hs.html

Forsyth County Community Resource Center

133 Samaritan Drive, Suite 112 Cumming, Georgia 30040-2396 770-889-9420 - Phone forsyth@ndocsbg.org

"Ninth District Opportunity's Head Start program has been recognized by the National Head Start Association as a "Program of Excellence", the highest award for quality with only 21 of the nation's 2,600 programs earning this distinction. In addition, 19 centers are accredited by the National Association for the Education of Young Children as a high quality program. Although Georgia does not require Head Start centers to be licensed, the program has voluntarily licensed 26 centers."

Services Offered Include:

Early Childhood Education
Child Development Services
Family Development Services
Free Medical Screenings/Care
Free Dental Screenings/Care
Healthy Meals

Helping Hand Partners

(678) 341-8075 523 Veterans Memorial Blvd, Cumming, GA 30040

http://www.helpinghandspartners.com/

"The mission of Helping Hands, a 501c-3 not for profit organization, is to help unfortunate individuals, families and elderly living in Forsyth County through income derived from our Thrift Store. Our goal is to help as many residents with some financial help for basic necessities of food, clothing, rent and energy bills. We have formed a partnership with Ninth District Opportunity who are willing to help qualify applicants to assure funds are properly distributed to those in real crisis."

Thrift Store

Our thrift store accepts donations from our local area and offers affordable shopping alternatives to the community. Helping Hands Partners also gives merchandise to those who qualify and are approved. In addition to shopping, our store also offers community service opportunities for volunteers. The accepted donations may include: cash, clothing, appliances, furniture, other household items, automobiles, sporting equipment, electronics, toys, and other items in good condition.

Food Pantry

Our food pantry accepts donations from our local area and offers assistance to the community for those who qualify. Every Second Tuesday of the month we host an event called the Day of Giving.

Assistance

We have formed a partnership with Ninth District Opportunity who is willing to help qualify applicants to assure that funds are properly distributed to those in real crisis. Helping Hands Partners will also use proceeds from the thrift store to help qualified applicants on a first - come, first - serve basis with power and heating bills. We also periodically offer assistance with rent and we supply gas vouchers

once a year

Higher Grounds Counseling, LLC at Russell Medical Group

www.russellmed.com katienewmanlcsw@gmail.com

4355 Browns Bridge Rd (across parking lot from Publix Shopping Center)

Cumming, GA 30041

770-771-5050

Katie Newman, LCSW

Primary Care Behavioral/Mental Health Therapist

Services:

Individual counseling and consultation

Specializing in the management of ADHD symptoms, communication issues, relationship struggles, life transitions and adjustments, boundary setting, grief and loss, stress management, and trauma recovery, as well as anxiety, depression, and other mood disorders.

"It is the mission of Russell Medical to provide quality healthcare to the people of Forsyth and surrounding counties. Our focus is on the prevention, early detection, and superior treatment of diseases of individuals and families of all ages. It is our mission to create a customized treatment plan for each individual to optimize physical, emotional, and spiritual health. We believe this is best accomplished through open communication and mutual respect. We will strive to stay current on medical topics and advances so we can offer the best care possible. We are dedicated to serving the needs of our community in a friendly, efficient, and cost effective manner."

Insurance:

BCBS, Cigna, Amerigroup, CareSource, Medicare, Medicaid, ComPsych (EAP) (for medical care- all major in network for insurance and payment plans)

Payment:

Cash or Check
Mastercard, Visa, and American Express
(super bill for reimbursement out of network for insurance)

Hightower Baptist Association Food and Clothing Bank

http://www.hightowerbaptist.org/556057

The Hightower Baptist Association Food & Clothing Bank is opened the second Saturday of every month from 8:00 am until 12:00 pm.

The Food & Clothing Bank is located at 8630 Wallace Tatum Rd
Cumming, GA 30028

Integrated Therapeutic Solutions

678-722-1031

http://www.integratedtherapeuticsolutions.com/

2450 Atlanta Highway Unit 1403 Cumming, GA 30040

"We believe that individuals thrive best when focusing on all aspects of our health, not just mental health. Bio-psycho-social-spiritual wellness includes working on your psychological, physical, nutritional, and social health while exploring your core beliefs and mindsets."

Services Offered

Career / Vocational Coaching

DSM-5 Diagnosis & Treatment

EAP

Education / Schooling Family Counseling Individual Counseling Marriage / Couples Counseling Sports Counseling Support Group Counseling

Adolescents / Teens Children Co-parenting

Communication Between Spouses

Dealing with Divorce Family Conflicts

Marriage and Couples Counseling Mixed / Blended Families

Parenting Issues and Approaches Pre-marital Counseling Separation

Marriage & Family Counseling

Specializations

Abandonment Issues Drug and Alcohol Abuse / **Adjustment Disorders** Dependency **Anger Management Eating Disorders** Anxiety Disorders / Worry **Empowerment Coaching** Bipolar Forgiveness, Self and Others Body Image Issues Grief Guilt / Shame Healing **Breath Awareness** Communication Issues and Individual Growth Development Men's Issues Dependency and Co-Mindfulness Training Dependency Obsessive Behavior Depression OCD Domestic Violence Panic and Panic Attacks

Phobias and Fears Postpartum Depression **PTSD** Relationship Difficulties Self-Esteem / Self-Worth Self Injury / Cutting Sports Performance Stress Management Therapeutic Yoga Trauma Trust / Mistrust Issues Women's Issues

Insurances Accepted:

Aetna, Amerigroup, BCBS, Beech Street, Blue Choice, Blue Open, Cenpatico, Cigna, Health EOS, Humana, Indemnity, Multiplan, Pathway, PHCS, Tricare, and Out of Network

Jeanne Latiolais, PsyD

(770) 205-1751

351-B Dahlonega Street Cumming, GA 30040

http://www.jlatiolais.com/

Therapy Specialties

Anxiety

Restlessness

Panic Attacks

Over Concern

Stress

Obsessive Thoughts

Social Fears

Safety Fears

Depression

Sadness

Trouble Concentrating

Trouble Sleeping

Loss of Interest

Loss of Enjoyment

Appetite Changes

Irritability

Guilt

Weight Management

Emotional Eating

Self Motivation

lifestyle Changes

Fees

Initial sessions are 75 minutes and the fee is \$180. Subsequent sessions (50 minutes) fees is \$135. All fees are due at the time of the session.

Payment:

Personal Checks and Cash
Mastercard, Visa, and American Express
Insurance is not accepted. In order to file for reimbursement, a detailed invoice is provided

Jennifer J Manly, LPC Inc

770-570-2382 jj manly@yahoo.com

6300 Hospital Parkway Suite 105 Duluth, GA 30097

https://www.jennifermanlylpc.net/

"I am a licensed professional counselor, specializing in working with Adolescents and their families with the following issues: suicidal ideation, self-injurious behaviors(i.e. cutting), issues keeping emotions and moods steady, in addition to relationship issues. I will collaborate with other clinicians to ensure continuity of care for your family member. Adolescents and their family will receive the most individualized treatment possible. Services will be provided in a non-judgmental environment. I emphasize the importance of building a strong rapport with each person I work with. Teens and families are encouraged to contact me in between session via the DBT phone protocol (via phone or text) during times of crisis or the need for coaching purposes"

Specialties:

Suicidal Ideation
Self-injurious behaviors (i.e. cutting)
Borderline Personality Disorder
Trauma Related Issues
Mood Disorders (i.e. depression, Bipolar)
ADHD

Modalities:

Individual Therapy
Family Therapy
DBT Skills Training groups for Adolescents
DBT Skills Training groups for Parents

Lanier Fuller Center for Housing

(678) 845-9582

http://www.fullercenterlakelanier.com/

1400 Market Place Blvd Suite 153 Cumming, GA 30041

How the Home Repair Program Works:

- 1. Homeowner submits an application to Lanier FCH
- 2. Lanier FCH provides a written job estimate and work agreement
- 3. A re-donation plan based on the homeowners budget is developed
 - 4. Volunteers repair the home
- 5. When the work is done, the homeowner is given a Greater Blessing box with enough envelopes in it to re-donate the cost of the materials over an agreed-upon period and on terms they can afford
- 6. If unexpected bills or medical emergencies come up and a monthly re-donation cannot be made, the donation schedule is simply increased by one month
- 7. Homeowner re-donations are recycled to purchase materials to help another neighbor in need

Lekotek of Georgia

Cumming Satellite at Building Bridges Therapy (770) 886-6204 1389 Weber Industrial Drive Cumming, GA 30041

http://www.lekotekga.org/index.html

"Using adapted toys, educational materials, computer equipment and iPads, Lekotek provides opportunities for kids to have fun and learn along the way. It is a safe haven from medical appointments and therapies. It is a place where there are no expectations to perform, a place where parents find resources and support.

The world of Lekotek is one filled with laughter and joy coupled with hard work and personal challenges. Children with disabilities face challenges interacting with family members and participating in school and community activities. That's why we're here. Lekotek facilitates successful inclusion in all aspects of life. Lekotek occupies a unique niche in the lives of kids with disabilities. It's a welcome break from therapy. Yet through play, Lekotek promotes inclusion and frequent byproducts of play result in mastering therapy goals. All children learn through play and Lekotek provides a recreational environment to meet the special needs of every child. Lekotek's philosophy is that every child can be successful with adaptations. Adapted toys, software and computer input devices are our tools to help any child with a disability."

Programs

Play Sessions (0-8 YRS)
Neonatal & Hospital Visits
Compuplay (2+ YRS)
Happy Tails
Lekomusic (2-8 YRS)
Summer Camp (4+ YRS)
Computer Club (8-15 YRS)
Lekopals (15+ YRS)
Family Activities
Sibling Group
Support Groups
Inclusion Project
Training & Assessment

Fees

Lekotek is a non-profit organization. It is funded by donations and grants from companies and foundations as well as nominal fees to our families for services.

Lisa H Meyer, LPC

2450 Atlanta Highway Suite 1701 Cumming, Georgia 30040

(678) 974-0824

"With 19+ years experience, I specialize in serving adults, adolescents and couples that are serious about seeking the most effective, result-oriented therapy solutions for their life and relationships. Your life, relationships, physical and emotional health are priceless assets that need to be taken care of and taken seriously. Most people think about getting counseling months before they actually call to make an appointment. If you are researching counselors, now is the time to get started. By getting started now solutions are just around the corner. Your goals for your life and relationships can be met!"

Specialties

Relationship Issues Marital and Premarital Life Coaching

Mental Health

Mood Disorders
Personality Disorders

Issues

Anger Management
Anxiety
Coping Skills
Depression
Divorce
Eating Disorders
Grief
Infidelity
Pre-Natal & Post Partum Depression
Self Esteem
Women's Issues

Accepted Payment Methods:

ACH Bank transfer, American Express, Cash, Check, Discover, Health Savings Account, Mastercard, Paypal, Visa

Live Life Counseling, LLC

404-432-2113

410 Peachtree Pkwy, Suite 4245, Cumming Georgia, 30041

https://livelife-counseling.com/

"The main goal of our counseling agency is to help others live life to its fullest potential. We are seasoned therapists who offer a holistic, healing approach to therapy. Live Life meets people where they are and helps them grow to who they want to be. Live Life Counseling provides a setting full of compassion and understanding. We strive to make each session worthwhile and client centered."

Clinical Specialties:

Anxiety, Depression, Mood Disorders
Trauma and Posttraumatic Stress Disorder (PTSD)
Grief & Loss
Child Abuse and Neglect (both children and adult victims of child abuse and neglect)
Body Image Issues
Parenting
Personal and Professional Growth

Mindfulness and Meditation
Divorce Adjustment
Emotional Abuse
Family of Origin Issues
Life Transitions
Chronic Illness
Recovery Issues
Relationship Problems
Attachment Issues
Addictions
Anger Management

Meals by Grace Pantry

470-302-5374

https://mealsbygrace.org/

Client-Choice Pantry

Tuesday/Thursday: 10:00am-2:00pm

North Georgia Corners Shopping Center

432-A Canton Road Cumming, GA 30041 (far left end unit, nearest health department)

Mentor Me North Georgia

http://www.mentorga.org/

101 Meadow Drive Cumming, GA 30040 678-341-8028

"Mentor Me is a partner of the National Mentoring Alliance. We are a 501(c) organization focused on youth development. Forsyth County has been twice selected as one of America's 100 Best Communities for Young People, due in part to our mentoring programs. Services are provided to children and families free of charge, thanks to the support of our donors, business partners and grant funders. We are proud to be a United Way of Forsyth County Partner agency."

Programs

One-On-One Mentoring

It's all about one-on-one time spent with the volunteer and the young person doing things they enjoy — a few hours a couple times a month filled with shared interests and activities like playing in the park, fishing or talking. The schedule can be flexible to meet the needs of mentors and young people in different kinds of situations. Mentors can meet with their mentees on the weekend, evenings or after school. All of our youth reside in Forsyth County and we match within 15 minutes ideally.

REACH

We meet as a group, though each volunteer works individually with one elementary school (K-5) student. This site based program allows us to mentor children while helping children with their reading and language skills. There are multiple times and locations where our groups meet, each for one hour per week during the school year. REACH out to help an elementary school student with homework and reading.

Music & Mentors Chestatee Elementary

Volunteers work with elementary school (K-5) students helping to learn to read music, sing and play the guitar. This is a great way for groups to volunteer, we ask that volunteers attend at least one session per month. Each session lasts one hour, and students divide their time between guitar lessons, singing and educational games.

Kick it Up Clubs

A site based group mentoring program, clubs are held at local middle schools and high schools. The clubs seek to help to raise the graduation rate by inspiring confidence in students through career exploration, community service projects and character building exercises. The clubs provide an opportunity for adults in the community to share their professional experience and lead discussions of topics of interest to the students.

Faster

This new mentoring program helps high achieving school students who have been selected to receive a scholarship upon graduation from high school. Mentors work with a group at a partnering school and meet with their students twice a month during the school day to help coach and guide them on their path to college.

MSG Foundation, Inc

https://marcus-sharon-gunter-foundation.org/

404-242-9770

The Marcus E. & Sharon B. Gunter Foundation, Inc.

2210 Goldmine Dr. Cumming, GA 30040

Food For the Hungry

3rd Saturday of each Month 8:30 a.m. Otwell Middle School Cafeteria Tribble Gap Rd Cumming, GA 30040

National Alliance on Mental Illness (Local Affiliate)

NAMI Helpline: 1-800-950-6264

https://www.nami.org/

"Across the country, thousands of trained NAMI volunteers bring peer-led programs to a wide variety of community settings, from churches to schools to NAMI Affiliates. With the unique understanding of people with lived experience, these programs and support groups provide outstanding free education, skills training and support."

NAMI Forsyth Dawson Lumpkin

(678) 341-9414 https://namifdl.org/ P.O. Box 2665 Cumming, GA 30028

New Beginnings Counseling Center

678-470-3022 104 Pilgrim Village Drive Suite 300 Cumming, GA 30040

http://newbegscc.com/

"With over 15 years of combined specialties and seasoned therapeutic experience we will help you attain the results you are looking for in your life. Whether this is a first time experience or you wish to continue on your therapeutic journey, we ensure that you will feel welcomed, safe and comfortable at our center."

Specialities

Premartial Counseling
Child Therapy
Adolescent Therapy
Marriage and Couples Counseling
Family Counseling
Individual Counseling

New Leaf Counseling and Recovery

108 Colony Park Dr. Suite 400 Cumming, Ga 30040 (678) 648-6021

http://www.newleafcounselingandrecovery.com/default.html

"New Leaf Counseling and Recovery is comprised of Master's Level therapists who work to provide life changing therapy to each and every client we serve. All of our therapists have obtained Master's degrees and are in various stages of the licensure process. We employ a treatment team approach so that you will receive the benefit of consistent, best-practice therapy in all instances."

Services

Family Violence Intervention Program
Anger Management Program
Sexual Offender Evaluation
Alcohol and Drug Evaluation
Alcohol and Drug Intervention Group Counseling
Parenting Classes
Individual / Couples Counseling
Victim Impact Courses
Values Clarification/Cognitive Skills
Drug Screening
Population Specific Evaluations.
Mental Health Evaluations
Immigration Evaluation

Call for Payment/Insurance Information

Nicole Lea, LCSW

http://www.nicolelealcsw.com/ 678-525-7818 NicoleLeaLCSW@gmail.com

Services

Individual Counseling

Trauma Specializations

Progressive Counting
Trauma-Focused Cognitive Behavioral Therapy

Insurance

BlueCross BlueShield

Medicaid (Amerigroup, CareSource)

Private Pay

Ninth District Opportunity of Forsyth County

133 Samaritan Drive, Suite 112 Cumming, Georgia 30040 770-889-9420

http://www.ndo.org/web/forsyth.html

forsyth@ndocsbg.org

Services

Head Start

Early Childhood Education Child Development Services Family Development Services Free Medical Screenings/Care Free Dental Screenings/Care Healthy Meals

Pre-K

A limited number of children from households living in any income bracket can receive preschool education through Georgia's Pre-K program. These children are given an opportunity to develop school readiness skills in an environment that encourages them to have fun while learning.

Community Services

Community Resource Coordination
Crisis Rent and Utility Assistance
Emergency Food Assistance
Family Development Counseling
Income Management Counseling
Employment Counseling

Work Experience Placement
SSI Advocacy (SOAR Certified)
Education Counseling and Referral Services
Transportation Assistance
Indigent Medication Assistance
SNAP (Food Stamp) Applications

Housing Programs

NDO's housing programs were designed to assist households that are currently homeless or in imminent danger of becoming homeless with the establishment of long-term housing stability through limited financial assistance and intense case management services

Heating Assistance

Ninth District Opportunity's Low-Income Home Energy Assistance Program assists qualifying households with a one- time payment of up to \$350 to their primary heating vendor.

Weathertization

Qualifying households can receive assistance in making their homes more energy efficient through conservation measures and minor home repairs. These measures may include air sealing in attic areas, insulation (up to R-38), caulking, window repair, replacement of broken window panes, dense-pack wall insulation, door repair, weather stripping, and door sweeps. Each household receiving assistance through the Weatherization program also receives energy conservation counseling.

North Georgia Counseling Group

(770) 744-1324 2450 Atlanta Hwy, Suite 1901 Cumming, GA 30041

http://www.ngacounselinggroup.com/

"At North Georgia Counseling Group, we work with a wide range of issues providing services that span from therapy for depression to parenting support, couples counseling to addiction, and beyond. In a comfortable and supportive atmosphere, we offer clients a customized therapy plan that is supported by the faith and hope necessary for healing, forgiveness, and growth."

Treatment specialization includes:

Couples Counseling Teen Counseling Pre-marital Counseling Re-marriage Counseling Parenting Support Anger Management Depression Anxiety Stress Management Conflict Resolution Women's Issues Men's Issues **Equine Assisted Therapy** Sexual Addiction

Mid-Life Realignment Trauma and Abuse Relationship Issues **Career Counseling** Interest and Skills Testing Addiction Grief/Loss Identity Issues Faith Issues Trauma/Abuse Co-dependency

Fees

\$125 per 50 minute session

Insurance is not accepted. In order to file for reimbursement, a detailed invoice is provided Reduced fee services are available on a limited basis

North Georgia Psychiatric Wellness Center

(678) 666-5990

2450 Atlanta Hwy Suite 802 Cumming, GA 30040

Services:

Insurance Accepted:

North Lanier Baptist Church

829 Atlanta Highway, Cumming, GA 30040

770-781-5433

http://northlanier.org/northlanier/home

Grief and Loss Meetings for Adults

Please call for more information about dates and times.

Northside Hospital Forsyth

1200 Northside Forsyth Drive Cumming, GA 30041 (770) 844-3200

https://www.northside.com/forsyth

Specialties and Services

Cancer Institute / Radiation Oncology

Infusion Services

Inpatient & Outpatient Surgical Services

Robotic Surgery

Bariatric Surgery

Gynecology

Breast Care Program

Maternity & Newborn Services (Level III NICU)

Diagnostic & Interventional Radiology (Imaging)

24-Hour Adult & Pediatric Emergency Services

Spine Center

Neurosurgery

Orthopedics

Heart & Vascular Institute, Cardiac Catheterization and PCI

Ophthalmology

Plastic Surgery

Diabetes and Nutrition

Urology

Sleep Disorders Center

Clinical Trials

Advanced Center for GI
Therapeutics

Neurology

Interventional Pain Treatment

Comprehensive Rehabilitation Services Stroke Center

Critical/Intensive Care

Urodiagnostics

Behavioral Health

Dermatology

Ear, Nose & Throat (ENT)
Specialties

Laboratory Services

Pulmonology/Respiratory Services

Rehabilitation Services

Limb Preservation Program

List of Insurance Providers, Exchange Plans, Medicare Advantage Plans, Medicaid Managed Care Plans, and Worker's Compensation Plans Accepted:

https://www.northside.com/insurance

Professional Recovery Counseling

106 Colony Park Drive #500 Cumming, GA 30040 770-630-6892

http://www.professionalrecoverycounseling.com/

"We are a full service counseling office able to assist you with many issues such as depression, anxiety, grief, stress and anger management. Using a person-centered approach, we work with you to define a treatment plan that will fit your needs and lifestyle."

Services

Individual Session
Couples Sessions
DUI Evaluation
Substance Abuse Evaluations
Multiple DUI Evaluation
Victim Impact Panel
Alcohol Drug Education Group

We can also accommodate court mandated programs in:

Alcohol and Drug Awareness
Substance Abuse Education
ASAM Level 1 Treatment
Anger Management
Values Clarification
Anger and Aggression Evaluations
Mental Health Evaluations

Project SHARE (DFCS)

Where to Apply:
Forsyth County DFCS: (770) 781-6700
https://projectshareinfo.com

"The Salvation Army and Georgia Power partnered to establish Project SHARE to provide emergency assistance for the elderly, families and other Georgians facing crisis situations. Since then, this unique corporate/non-profit partnership has provided more than \$80 million in necessary assistance. Each year SHARE assists more than 40,000 people affected by illness, job loss or other unfortunate circumstances. SHARE can maintain or restore utility service or even help families continue living together in their home. Project SHARE often helps make the difference for those who are facing disastrous consequences only for lack of limited, temporary assistance."

General Eligibility

Each SHARE client eligibility decision is based on comprehensive assessment of individual circumstances and need. SHARE assistance should improve or stabilize households in financial crisis by addressing immediate threats to utility service, housing or other covered necessities.

Among other results, SHARE assistance helps clients avoid more serious or catastrophic consequences and provide time to reestablish normal means of support.

All four of these statements must be true to be eligible:

- -Applicant is experiencing a crisis that threatens the utility service, housing, employment, health, safety, or stability of the household or its individual members
 - -Applicant rarely experiences a serious financial crisis requiring outside assistance -Applicant will, as a result of this assistance, receive meaningful and long-term relief from the threat/crisis
 - -Applicant is, under the circumstances, making a reasonable financial contribution toward the expenses in question

Restrictions

A household may not receive more than \$400 in SHARE assistance in a 12-month period. SHARE funds may not be used to pay any deposit (i.e. electricity, rent, water). Phone bills, credit card bills, auto expenses (including gasoline), loans (other than qualified mortgages), and debts covered by insurance do not qualify.

Legal fees and insurance premiums do not qualify.

SHARE funds may not be distributed directly to the client; all assistance checks are made payable to the vendor, and sent directly to the vendor.

Any client who commits fraud in the application process, who has fraudulently received assistance in the past, or who has fraudulently received utility service is considered ineligible. SHARE funds are available exclusively to aid residents of the county in which those funds were raised. Local SHARE offices are not able to provide case-management for residents of communities outside their own service area.

Receiving Homes (Mothers and Children)

678-771-5200

http://www.inafamily.org/

info@inafamily.org

"I'm In A Family Receiving Homes, Inc. (IMAF) is a 501 C-3 non-profit organization located in Cumming, Ga. We were founded and created through the heart of a foster and adoptive mother who fostered 100's and adopted 13 children in need. The need to love, support and encourage families to fulfill the call to care for the orphan and widowed is our heart.

As of 2016 Georgia's Children statistics stated that there were 12,276 children who were in state custody.... Of those 12,276, 843 were adopted.

Our heart and calling as a ministry and organization is to see that more potential/current foster and adoptive parents are educated, directed and then supported by providing one on one guidance through every step of the process.

If we could take the fear and unknown out of the process, I can guarantee you that their would be so many more families who would follow their hearts and listen to the tug of the holy spirit to become that loving home and family for a child in need."

Ron Magat, MD

3830 Windermere Parkway
Suite 304
Cumming, GA 30041
678-680-3972
https://www.drronmagat.com/

Services

Childhood disorders such as ADHD/ADD, oppositional defiant disorder, adjunctive treatment for Autism Spectrum Disorders

Depression, Anxiety, Bipolar Disorder, Schizophrenia, Interpersonal Relationship Issues, Trauma/Grief

Consulting for sports and work performance

Treatment Approaches

Psychopharmacology (Medication Management)* If you are already involved in therapy, Dr. Magat would be happy to address the medication aspect of your treatment and ensure a collaborative team approach with your therapist.

Individual therapy (ACT [Acceptance Commitment Therapy] and CBT [Cognitive Behavioral Therapy], Insight Oriented Psychodynamic Psychotherapy, Time Limited Dynamic Psychotherapy, Play Therapy)

Shadowbrook Baptist Church

4187 Suwanee Dam Road Suwanee, GA 30024 770-945-1524

http://shadowbrookchurch.org/

Food Pantry

"Located inside the Family Life Center, the food pantry is open on Tuesday afternoons from 1:30-3:00 pm for those having difficulty obtaining the basics of life. Clients can receive monthly help consisting of a food box with four complete dinners, breakfast items, several other food items, and three personal care items. They may also select some items of slightly-used clothing. Personal prayer requests will be accepted by the volunteers as well. Clients must provide a photo ID, address verification (like an electric bill), proof of children's birthdays (birth certificate or school records), and must live in the 30024 or 30518 zip codes."

PURE (Special Needs Ministry)

"Parents need time to re-charge their batteries. They will benefit immensely but their children will benefit even more.

Shadowbrook offers monthly respite care for families of children with special needs. This is a wonderful opportunity for primary caregivers to have a much needed break. We offer 3 hours of childcare one Saturday (usually the 2nd) every month.

Each child with special needs and their siblings are paired with a "buddy" for the evening. During the 3 hours, PURE kids will have the opportunity to fellowship with their peers. We will play games, do crafts, have praise and worship through music and hear the Word of God."

HIM (Hope in Mourning)

"Three mothers, each having lost a child, came together to share the love of our children and the pain of our grief. We offer hope and the knowing that we are not alone in the journey, and that our Lord has been with us every step of the way.

Our desire and purpose is to offer comfort, a listening heart, and an outpouring of Christian love and support for each other and other grieving mothers as Christ has supported us. Contact Terrie Jones at tjones @shadowbrookchurch.org.

We meet on the 2nd Monday of each month at 6:00 pm."

St. Brendan's Church: St. Joseph's Food Pantry

http://www.stbrendansatl.com/st--joseph-s-food-pantry

770-205-7969

4633 Shiloh Road Cumming, GA 30040

Distribution TimesWednesdays, 4:30-6:00pm

St. Vincent De Paul Forsyth County

678-947-0677

https://www.svdpgeorgia.org/

"Society of St. Vincent de Paul, Cumming location is a partnership of churches and volunteers. Those seeking help, including seniors and qualified low income families, will need to go through an interview process. In some cases, emergency aid may be offered, or applications for government benefits such as SNAP food stamps or SSDI disability. If they have resources, and a family qualifies, then St. Vincent may be able to offer the following services. Limited rental assistance, prescription medications, or referrals to clinics for medical care. There may be government grants for paying utilities from programs such as LIHEAP. Other Forsyth County Georgia resources may include federal government benefits screening, GED or ESL instruction, and clothing for school or work reasons. The homeless in the county may be referred to programs to pay a security deposit, or short term, transitional housing."

Sweitzer Counseling

678-701-7545

2450 Altanta Highway #802 Cumming, GA 30040

http://www.sweitzercounseling.com/

Brent Sweitzer, LPC

Services

Couples Counseling

Couples pursue couples counseling for a myriad of reasons. Sometimes it's in the midst of crisis, such as the disclosure of an affair or other betrayal. Other times one or both people aren't feeling fulfilled in the relationship and want change if the relationship is to continue. Regardless of the situation, it's painful and negatively affects other areas of life like career, parenting and even physical health.

Child Counseling

Play therapy can help children and families with issues such as: anxiety and worry, depression and grief, acting out behavior and impulse control problems, and loss of a parent or loved one.

Teen Counseling

Adolescence and the teen years can be stressful times for parent and teen alike. A teen's developmentally appropriate push for greater independence often clashes with limits parents put in place, which can put a strain on relationships. Sometimes teens can benefit from talking to a non-familial adult that offers non-judgemental, confidential support. Some things counseling for teens can help with include (but not limited to): depression and anxiety, body image and self esteem, bullying, struggles with peer relationships, perfectionism and stress management, and gender and sexual identity.

Individual Counseling

Individual counseling can help people make sense of difficult feelings, help clarify our beliefs and desires as we face important life decisions, and provide a healthy point of reference in dealing with difficult relationships in our lives.

Some of the reasons people seek out individual counseling include: relationship struggles, coping with grief and loss, healing from a difficult childhood, recovering from a divorce or the end of a significant relationship, depression that won't go away, and anxiety that is getting in the way of life functioning.

The Carter Treatment Center

678-771-8468 380 Dahlonega Street Suite 100 Cumming, GA 30040

https://www.thecartertreatmentcenter.com/

"Our mission is to provide education, therapy, support and community resources to enable individuals to achieve their full potential. Most importantly, we focus on the whole person. The benefits Carter's clients have experienced we see coming up time and time again."

Services

Intensive Outpatient Programs
Outpatient Substance Abuse Treatment Programs
Family Programs for Substance Abuse

Community Meetings

Friends and Family Support Group SMART Recovery Moms in Recovery Crystal Meth Anonymous

Insurance Providers

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Dean Health Plan	MagnaCare
Emblem Health	Medical Mutual of Ohio
Empire Plan (UHC)	MHNet
Federated Mutual	Oxford
Insurance Co.	POMCO
FEP BCBS	Premera BCBS
Golden Rule	SummaCare
Great West	Tufts Health Plan
Harvard Pilgrim	United Healthcare
HealthLink	United Medical
Highmark	Resources
Humana	Univ. of Pittsburgh Med.
Independence	Center
Lifetime Benefit	UPMC Health Plan
Solutions	ValueOptions
Magellan	Vista
	Emblem Health Empire Plan (UHC) Federated Mutual Insurance Co. FEP BCBS Golden Rule Great West Harvard Pilgrim HealthLink Highmark Humana Independence Lifetime Benefit Solutions

The Counseling Group, LLC

678-780-6225 3250 Keith Bridge Rd Cumming, GA 30041

http://www.counselinggroupllc.net/

Christian Counseling Services

Specialized Counseling for:

Adolescents

Children

Grief

Addictions

Individual

Family

Couples

Behavioral Issues

Post Traumatic Stress Disorder

Mood Disorders

Anxiety Disorders

The Place of Forsyth

770-887-1098 http://theplaceofforsyth.org/ 2550 The Place Circle Cumming, GA 30040

"The Place of Forsyth County was founded in 1975 by four Dominican Nuns. The sisters offered the residents assistance with financial needs, clothing, food and even tutoring children. Throughout our 40 years, we have been the catalyst for several agencies that had their beginnings as programs at The Place. Today we are serving the community with financial emergency assistance, clothing, food and many additional support services. In August 2015 we started a workforce development initiative in conjunction with several local agencies to help the under employed and unemployed prepare for and secure jobs. We also embraced an 8 year old service, Focus on Forsyth, which helps needy households through referrals from schools and senior center. Through our services to the community we are changing lives in Forsyth County Georgia."

Services:

Food Program
Focus on Forsyth

For over 8 years, Forsyth County seniors and families in need have been served by Focus on Forsyth. All referrals come from either senior services providers or school social workers. Through this program we can help provide beds for children that are currently sleeping on the floor or help a senior with a wheelchair ramp or yard work. This program relies on volunteers to help with the tasks as well as donations of furniture and funds that allow us to help many families in need.

Job Search Assistance

Job Leads
Resume Preparation
Access computers
Interview Preparation
Career Closet

Work Readiness Training

Interview Skills

Career 101 Assessment/Training
Financial Literacy "Common Cents" and Couponing Class
Application to WIOA and Technical Colleges
Referrals to earn GED
Career Coupseling

Career Counseling

Individual Career & Life Planning
On-going Career Follow-up & Support

Young Life

PO Box 2544 Cumming, GA 30028-6506 770-687-8122

https://fcyl.younglife.org/Pages/default.aspx

"Young Life is a world-class organization for adolescents. Our staff and volunteers enter the world of kids, focusing on what matters to them – fun, adventure, friendship and a sense of significance. In doing so, we earn the privilege of talking to them about something that we believe matters most of all – the truth about God and His love for them."

Who is Young Life for?

Everyone is welcome in Young Life! Our programs are custom made for kids throughout their adolescent years. Young Life is the name of our organization and is also the term we use for our program with high school students. We call our middle school program WyldLife. The initiative for college and university students is called Young Life College.

Caring for Kids — Contact Work

Because kids don't care how much you know till they know how much you care, Young Life leaders show they care by going where kids are, meeting them as they are, believing in who they can be. Within Young Life we call the persistent going out into the world of kids "contact work." But kids just call it friendship.

A Party with a Purpose — Club

What is it about Young Life club that makes it the best night of the week for thousands of kids every week? We like to think of it as a party with a purpose. It's controlled chaos that's almost impossible to describe, but kids know it when they see it. And before the party ends, we share a simple message about God's love for them. After all, that's what the celebration is all about.

The Best Week of Their Life — Camp

Kids consistently tell us that Young Life camp is the best week of their life. That's a rousing (and unsolicited) endorsement! But how else would you describe a week where deep relationships are forged in the midst of mind-boggling fun and where you experience and listen to what we believe is the greatest love story ever told?

A Time to Question, Learn and Grow — Campaigners

Campaigners is a weekly gathering for kids who wish to learn more or grow in their faith through study, service and leadership. We invite kids to actively follow Jesus Christ — and we're with them for the long haul to help them take those steps of faith with unconditional love. Along the way, we encourage kids to celebrate their faith through participation in a local congregation.

Adults Who Care — Committee

Young Life is making a difference in the lives of kids around the world because we are supported by adults who care about kids in their community. For every talented Young Life staff person there is a team of dedicated leaders who works directly with kids. In each community, the local "committee," comprised of parents, Young Life alumni and civic leaders, provides a foundation of financial, administrative and moral support for the local Young Life team.